

CrossFit Moncton presents...

Atlantic Hopper Event

Saturday, July 18th at 10am

94 Rideout St. Moncton, NB



Anyone can compete in this first annual event. A workout will be selected by drawing exercises from a hoppper. The people with the fastest time, in both male and female categories, will be crowned champion!

Food,
drinks and
prizes!



To register, email Kevin at crossfitmoncton@hotmail.com
Cost is only \$10

Spectators are welcome!

Rain date is Sunday, July 19

